

CENTRE-BASED DAY PROGRAM

It is about time you step out into the community, learn new life skills, have fun, build self-confidence, and social connections. This why we have designed a supportive environment to help achieve your goals.







ACTIVITIES

- The Virtual Reality (VR) experience
- · Exercise routines
- · Sensory activities
- · Games (varied)
- · Digital space
- · Social and life skills development
- Crafting and creativity
- Fun time
- Transportation
- · And Much More!



WOULD YOU LIKE TO JOIN THE FAMILY?

Give us a Call today on **0406843226** / **0406842825** Or

Register your interest at www.goldcrestcare.com.au/dayprogram.

Sessions are held twice weekly on Wednesdays and Thursdays from 9:00am to 2pm









